



Rules of Social Engagement (Our Online Code of Conduct)

By Class 4C
November 2017

How Should We Behave Online?

What to Avoid Online -

1. Don't say anything you wouldn't say face to face.
2. Don't post anything you wouldn't want your nan to see!
3. Do not make destructive criticisms.
4. Do not judge other people.
5. Do not be mean or hurtful.
6. Do not post inappropriate images, like nudes or memes of other people.
7. Do not give out personal details
8. Do not arrange to meet people you only know online.

To make sure that we keep ourselves and others safe online there are some simple rules we must follow. **ALWAYS REMEMBER -**

1. Be nice to people
2. Stick to age rating rules
3. Be responsible for your own actions online
4. **IGNORE, BLOCK, UNFRIEND!**
5. Be aware of strangers—people aren't always who they say they are!
6. Respect other people's space and privacy
7. Once it's out there it's there forever!
8. Learn from your mistakes, apologize when you're wrong
9. Be helpful, help your friends stay safe online
10. Do the right thing — be the one to make a stand!
11. **REPORT** anything that concerns you.



CONSEQUENCES.....

What can happen if things go wrong online?

Lola's story

'The bullying began when I was 8. They would call me horrible names and put me down.

I remember when one girl said to my friend, 'You're not friends with that freak are you?' and my friend said 'no' even though she was.

Any confidence I had in myself was destroyed. My friends were too embarrassed to admit they were friends with me.

At 14, all the comments triggered my eating disorder. Not eating was the one thing that I was able to have control over that no one else could comment on.

As time went on I then began feeling very depressed. I felt useless, stupid and hated which then made me self-harm and attempt suicides.'

After contacting Childline I felt like a weight had lifted from my shoulders. I had kept everything bottled up for months.

Where can you go for help?

Child Exploitation Online
Protection www.ceop.police.uk

Report to Police

Reporting to Twitter

Childline—0800 1111

Facebook Safety Centre

Report to YouTube

Report to Instagram

Talk to parents, teachers, friends.

Leaflet created by—

Safa, Michael, Rico, Sam, George, Aaron, Danyaal, Ali