

# Welcome to Firs

Firs residential unit offers homely and autism friendly accommodation for up to six young people with a range of communication needs. Our aim is to extend learning opportunities for students, with particular emphasis on applying knowledge and skills in everyday social settings through the 24-hour curriculum.



Most students use a schedule to help them to understand the structure of their day. Visual supports are often used to help to develop students' independence with personal care and domestic tasks.

Each student has their own bedroom, which they can personalise to suit their own preferences.

The communal areas consist of a lounge and dining kitchen,

shower rooms, bathrooms and toilets. We also have direct access from the lounge to an outdoor grassed area with benches, as well as a climbing frame and swings.



We support a 24-hour curriculum through a range of activities.

## *On site*

We teach self-care and independence skills, and support students to carry out domestic tasks. There are individual and group leisure activities depending on the student's needs, and we often have joint activities with other residential units. We use school facilities such as the gym, library and ICT suite, as well as the school grounds and nature walk. We also organise themed and cultural events for Mothers' Day, Diwali, Bonfire Night, Halloween and Chinese New Year amongst other occasions.

## *Off site*

We support students to access facilities in the community by foot or by school / public transport. Regular activities include walks, going to the cinema, swimming, shopping, youth club, visiting libraries, meal out to restaurants and Laser Quest.