



AUTUMN LUNCH MENU

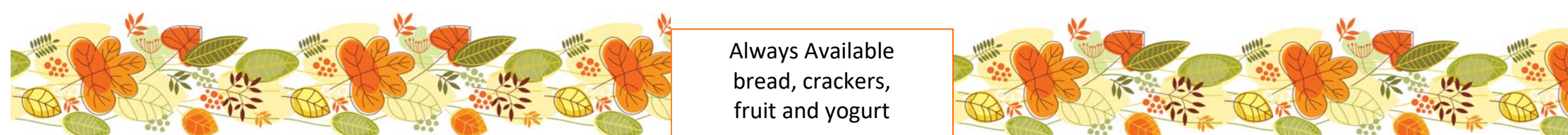
Week 1

FOOD ALLERGY
Please talk to Karen or Rose if
you would like more information

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken Curry & Naan Bread	Cottage Pie	Pork Chop & Tomato Sauce	Roast Lamb	Battered Fish
Main Course 2 / Vegetarian	Quorn Curry & Naan Bread Breaded Chicken	Quorn Cottage Pie Fish Fingers	Fish Cake	Cheese & Onion Pasty	Breaded Chicken
Vegetable 1	Rice	Mash	New Potatoes	Roast Potatoes	Chips
Vegetable 2	Sweet Corn	Peas	Mixed Vegetables	Cauliflower Mornay	Mushy Peas
Dessert	Chocolate Cornflake Crunch	Rice Pudding	Lemon Drizzle Cake & Custard	Chocolate Brownie	Artic Roll

Salads & Baguettes are available every day - Please check with the Kitchen and order by 10am

Always Available
bread, crackers,
fruit and yogurt





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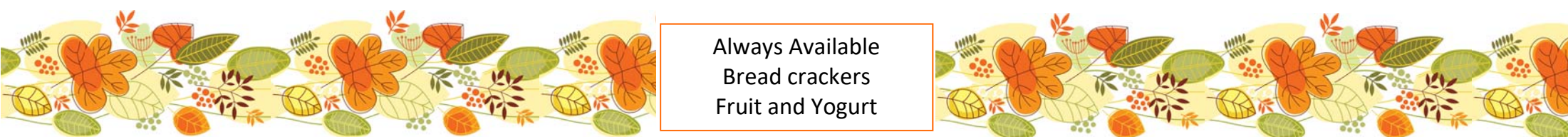
Week 2

FOOD ALLERGY
Please talk to Karen or Rose if
you would like more information

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Sausages & Onion Gravy	Lasagne & Garlic Bread	Escalope Chicken	Gammon & Herb Sauce	Meat Pizza
Main Course 2 / Vegetarian	Vegetarian Sausages Fish Cake	Fish Fingers	Quorn Chicken Macaroni Cheese	Chicken & Mushroom Pie	Cheese & Tomato Pizza
Vegetable 1	Mashed Potato	Jacket Potato	Potato Wedges	Mashed Potato	Chips
Vegetable 2	Peas	Sweet Corn	Broccoli	Carrots	
Dessert	Eton Mess	Iced Sponge & Custard	Apple Crumble & Custard	Sticky Toffee Pudding & Sauce	Doughnuts

Salads & Baguettes are available every day - Please check with the Kitchen and order by 10am

Always Available
Bread crackers
Fruit and Yogurt





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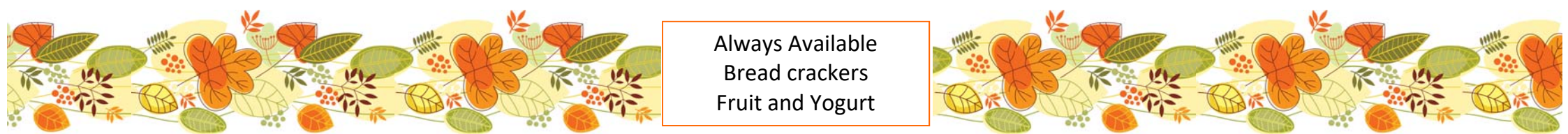
Week 3

FOOD ALLERGY
Please talk to Karen or Rose if
you would like more information

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken Drumsticks	Meatballs	Chicken & Vegetable Pie	Roast Pork & Stuffing	Beef Burger
Main Course 2 / Vegetarian	Fish Fingers	Quorn Meatballs Cheese & Onion Pasty	Fish Cake	Chicken & Mushroom Pie	Chicken Burger Vegetarian Burger
Vegetable 1	Cheese & Potato Pie	Spaghetti	New Potatoes	Parmentier Potatoes	Chips
Vegetable 2	Sweet Corn	Peas	Carrots	Mixed Vegetables	
Dessert	Chocolate Concrete & Pink Custard	Apple Sponge & Custard	Strawberry Mousse	Ginger Biscuits	Cheesecake

Salads & Baguettes are available every day - Please check with the Kitchen and order by 10am

Always Available
 Bread crackers
 Fruit and Yogurt





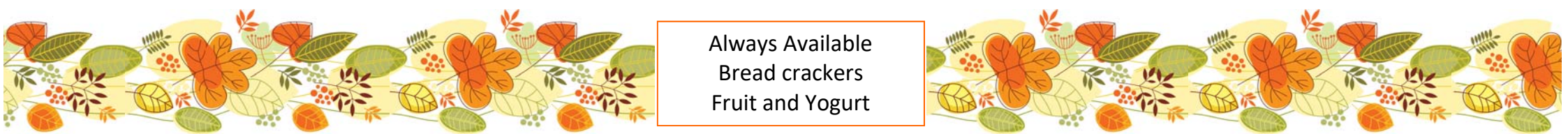
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Week 4

FOOD ALLERGY
 Please talk to Karen or Rose if
 you would like more information

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken Casserole & Dumplings	Spaghetti Bolognaise	Escalope of Pork & Tomato Sauce	Roast Beef & Yorkshire Pudding	Grilled Sausages
Main Course 2 / Vegetarian	Tuna Pasta Bake	Quorn Bolognaise Fish Cake	Cheese & Onion Pasty	Vegetable Lasagne	Halal Sausages Vegetarian Sausages
Vegetable 1	Potato Wedges	Spaghetti	Mashed Potato	Roast Potatoes	Chips
Vegetable 2	Peas	Sweetcorn	Green Beans	Mixed Vegetables	Beans
Dessert	Apple Crumble & Custard	Flapjack	Iced Sponge & Custard	Shortbread	Assorted Ice-Cream

Salads & Baguettes are available every day - Please check with the Kitchen and order by 10am



Always Available
 Bread crackers
 Fruit and Yogurt