



AUTUMN LUNCH MENU

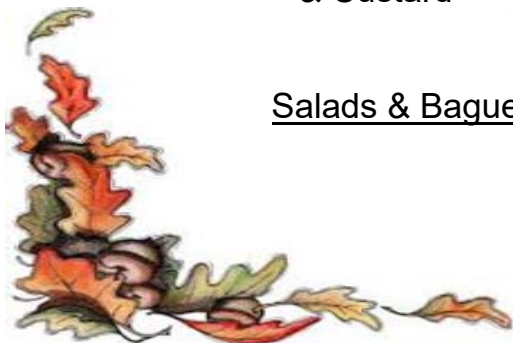
Week 1

FOOD ALLERGY
Please talk to Karen or Rose if
you would like more information

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken Curry	Pork Chop with Tomato, Onion & Cheese	Cottage Pie	Roast Lamb	Battered Fish
Main Course 2 / Vegetarian	Halal Chicken Curry Vegetable Pasty	Fish Cake	Fish Fingers	Cheese & Onion Pasty	Halal Chicken Nuggets
Vegetable 1	Rice	New Potatoes	Macaroni Cheese	Roast Potatoes	Chips
Vegetable 2	Sweet Corn	Peas	Mixed Vegetables	Broccoli	Curry Sauce
Dessert	Iced Sponge & Custard	Arctic Roll	Chocolate Sponge & Custard	Cookies	Strawberry Mousse

Salads & Baguettes are available every day - Please check with the Kitchen and order by 10am

Always Available
bread, crackers,
fruit and yogurt





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Week 2

FOOD ALLERGY
Please talk to Karen or Rose if you would like more information

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Sausages & Onion Gravy	Lasagne & Garlic Bread	Escalope Chicken	Gammon	Meat Pizza
Main Course 2 / Vegetarian	Vegetarian Sausages Halal Sausages / Fish Cake	Tuna Pasta Bake	Quorn Chicken Macaroni Cheese	Vegetable Pasty	Cheese & Tomato Pizza
Vegetable 1	Mashed Potato	Peas	Jacket Potato	New Potatoes	Chips
Vegetable 2	Peas	Sweet Corn	Mixed Vegetables	Cauliflower Cheese	
Dessert	Iced Sponge & Custard	Rice Krispie Cake	Apple Crumble & Custard	Jam Roly Poly & Custard	Chocolate Mousse

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Week 3

FOOD ALLERGY
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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken Drumsticks	Meatballs	Chicken / Ham Pasta Bake	Roast Pork & Stuffing	Pork Sausage
Main Course 2 / Vegetarian	Fish Fingers	Vegetable Quiche	Fish Cake	Pasty	Halal Sausage Vegetarian Sausage
Vegetable 1	Cheese & Potato Pie	Spaghetti	New Potatoes	Roast Potatoes	Chips
Vegetable 2	Peas	Sweetcorn	Broccoli	Mixed Vegetables	Curry Sauce
Dessert	Iced Sponge & Custard	Chocolate Sponge & Custard	Fruit Meringue	Cookies	Cheesecake

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Week 4

FOOD ALLERGY
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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken Casserole	Spaghetti Bolognese	Escalope of Pork	Roast Beef & Yorkshire Pudding	Beef Burger
Main Course 2 / Vegetarian	Fish Cake	Cheese & Onion Pasty	Macaroni Cheese	Vegetable Pasty	Chicken Burger Vegetarian Burger
Vegetable 1	New Potatoes	Spaghetti	Jacket Potato	Roast Potatoes	Chips
Vegetable 2	Peas	Sweetcorn	Green Beans	Carrots & Peas	
Dessert	Apple Crumble & Custard	Cornflake Crunch	Cookies	Chocolate Swiss Roll & Custard	Ice Cream

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